



# Bridgewater Khalsa School



## KHALSA SCHOOL SPORTS PROGRAM PARTICIPANT AGREEMENT, RELEASE AND ACKNOWLEDGMENT FORM

In consideration of the services of Bridgewater Khalsa School, Garden State Sikh Association (GSSA), their officers, agents, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf, I hereby agree to release and discharge the above mentioned on behalf of myself and my children as follows:

1. I acknowledge that Soccer, Field Hockey, Basketball and other sports entail known and anticipated risks which could result in physical or emotional injury to myself, to property, or to third parties. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity. The risks include, among other things; colliding with another player or players, walls, or barriers; falling or tripping onto the floor; getting hit by a stick, ball, or person. Furthermore Bridgewater Khalsa School, GSSA sewadars/volunteers and employees have difficult jobs to perform. They seek safety, but they are not infallible. They might be ignorant of a participant's physical fitness or abilities. They may give inadequate warnings/instructions, and equipment used might malfunction.
2. I expressly agree and promise to accept and assume all the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks.
3. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless Bridgewater Khalsa School and GSSA from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of Bridgewater Khalsa School or GSSA equipment or facilities, including any such claims which allege negligent acts or omissions of Bridgewater Khalsa School or GSSA.
4. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I further certify that I have no medical or physical conditions which could interfere with my safety in this activity, or else I am willing to assume, and bear the costs of all risks that may be created, directly or indirectly, by any condition.

By signing this document, I acknowledge that if I or anyone else is hurt or property is damaged during my participation in this activity, I may be found by a court of law to have waived my right to maintain a lawsuit or claim against Bridgewater Khalsa School, GSSA and their sewadars/volunteers and employees.

I have had sufficient opportunity to read this entire document. I have read and understand it, and I agree to be bound by its terms.

Signature of Participant or parent in case participant is a minor:

Print Name: \_\_\_\_\_ Email: \_\_\_\_\_

Print Minor's Name: \_\_\_\_\_ Roll Number : \_\_\_\_\_

Address (street, city, state, zip): \_\_\_\_\_

Contact # (in case of emergency) : \_\_\_\_\_

Date: \_\_\_\_\_